Guidance for Travellers to Thailand under Treatment Carrying Personal Medications Containing Narcotic Drugs/Psychotropic Substances into/out of Thailand

This guidance issued by the Narcotics Control Division, Food and Drug Administration, provides travellers to Thailand under medical treatment with current regulations concerning the transport of personal medications containing narcotic drugs of Category 2, or psychotropic substances of Categories 2, 3, and 4.

The transport of any medications into/out of Thailand for personal use may be subject to a range of stringent import and export controls.

The import and export of narcotics and/or psychotropic substances into/out of Thailand are general prohibited. Those travellers to Thailand under treatment who need to carry medications containing narcotic drugs and/or psychotropic substances into/out of Thailand must follow the applicable regulations strictly.

With the exception of medications containing narcotic drugs of Category 2 under the Narcotics Act B.E. 2522 (1979), or psychotropic substances of Categories 2, 3, and 4 under the Psychotropic Substances Act B.E. 2518 (1975), the importation/exportation of narcotic drugs or psychotropic substances into/out of Thailand is prohibited.

1. Carrying Personal Medications into Thailand

A. Medications containing narcotic drugs of category 2

The Ministry of Public Health issued the Ministerial Regulation B.E. 2552 (2009) under the Narcotics Act B.E. 2522 (1979), amended by the Narcotics Act B.E. 2545 (2002). It became effective on September 29, 2009. According to the new regulation, travellers to Thailand under medical treatment are allowed to carry medications containing narcotic drugs of Category 2 for personal treatment in **a quantity not exceeding 30 days of prescribed usage** and must follow the applicable regulations strictly.

Travellers to Thailand under treatment of these medications are required to obtain a permit (Form IC-2) issued by the Food and Drug Administration **before travelling to Thailand**.

Thai FDA: Version 1.5 Page 1 of 8

The quantity of the medication transported into Thailand **must not exceed 30** days of prescribed usage.

To apply for the permit, please download the <u>application form (Form IC-1) and supplement</u> from http://narcotic.fda.moph.go.th/faq/download.php and submit the completed form along with copies of the medical prescription and the required certificate at least two weeks before the arrival date by:

Fax: (66) 2591 8471 **or**

Email: tnarcotics@fda.moph.go.th or

Mail:

Narcotics Control Division Food and Drug Administration Ministry of Public Health

Nonthaburi 11000, THAILAND

[If the documents are submitted by Fax or Email, the **original copies of the documents** must still be sent by post - airmail if possible]

The following documents must be submitted:

- 1.1 Application form (Form IC-1)
- 1.2 <u>Medical prescription</u> written by the physician who provided the medical treatment, which must contain the following:
 - the name and address of the patient
 - the identified medical condition
 - the name of the medications and the reason that those medications were prescribed for the patient's treatment
 - the posology and total amount of medications prescribed
 - the name, address, and license number of the prescribing physician
- 1.3 <u>Certificate issued by a competent authority</u> of the country of departure to confirm the patient's legal authorization to carry those medications for personal use. [see <u>Appendix A.</u> Model Form of the Certificate for the Carrying by Travellers under Treatment of Medications Containing Narcotic Drugs and/or Psychotropic Substances]

Examples of narcotic drugs in Category 2 according to The Narcotics Act B.E. 2522 (1979), which are controlled under the Single Convention on Narcotic Drugs (1961): Codeine, Dextropropoxyphene, Dihydrocodeine, Fentanyl, Hydrocodone, Hydromorphone, Methadone, Morphine, Oxycodone, Pethidine.

Thai FDA: Version 1.5 Page 2 of 8

B. Medications containing psychotropic substances of categories 2, 3, and 4

According to the Psychotropic Substances Act B.E. 2518 (1975), Travellers to Thailand under treatment are allowed to transport medications containing psychotropic substances of Categories 2, 3, and 4 for personal treatment in **a quantity not exceeding 30 days of prescribed usage** when accompanied by a certificate/medical prescription from the prescribing physician.

The certificate/medical prescription from the prescribing physician must indicate:

- the name and address of the patient
- ♦ the identified medical condition
- the name of the medications and the reason that those medications were prescribed for the patient's treatment
- the posology and total amount of medications prescribed
- the name, address, and license number of the prescribing physician

The quantity of the medications carried into Thailand **must not exceed 30 days** of prescribed usage.

Examples of psychotropic substances in Categories 2, 3, and 4 according to the Psychotropic Substances Act B.E. 2518 (1975):

Category 2: Buprenorphine, Methylphenidate, Midazolam, Nitrazepam, Phentermine, Temazepam, Triazolam, Zolpidem.

Category 3: Pentazocine.

Category 4: Bromazepam, Chlordiazepoxide, Clonazepam,
Clorazepate, Diazepam, Oxazepam, Lorazepam, Phenobarbital.

2. Carrying Personal Medications out of Thailand

A. Medications containing narcotic drugs of category 2

The Ministry of Public Health issued the Ministerial Regulation B.E. 2552 (2009) under the Narcotics Act B.E. 2522 (1979), amended by the Narcotics Act B.E. 2545 (2002). It became effective on September 29, 2009. According to the new regulation, travellers to Thailand under medical treatment are allowed to carry medications containing narcotic drugs of Category 2 for personal treatment out of

Thai FDA: Version 1.5 Page 3 of 8

Thailand in **a quantity not exceeding 30 days of prescribed usage** and must follow the regulations strictly.

Travellers to Thailand who acquire these medications in Thailand are required to obtain a permit (Form OC-2) issued by the Food and Drug Administration before departing Thailand while in possession of the medication in question.

The quantity of the medication transported out of Thailand **must not exceed 30** days of prescribed usage.

To apply for the permit, please download the <u>application form (Form OC-1) and supplement</u> from http://narcotic.fda.moph.go.th/faq/download.php and submit the completed form along with the medical prescription at least two weeks before the departure date in Thailand by:

Fax: (66) 2591 8471 or

Email: tnarcotics@fda.moph.go.th or

Mail:

Narcotics Control Division

Food and Drug Administration

Ministry of Public Health

Nonthaburi 11000, THAILAND

[If the documents are submitted by Fax or Email, the original copies of the documents must still be sent by post - airmail if possible]

The following documents must be submitted:

- 2.1) Application form (Form OC-1)
- 2.2) <u>Medical prescription</u> written by the physician who provided the medical treatment, which must contain the following:
 - the name and address of the patient
 - the identified medical condition
 - the name of the medications and the reason that those medications were prescribed for the patient's treatment
 - the posology and total amount of medications prescribed
 - the name, address, and license number of the prescribing physician

The quantity of the medications transported out of Thailand **must not exceed 30** days of prescribed usage.

Thai FDA: Version 1.5 Page 4 of 8

Examples of narcotic drugs of Category 2 according to the Narcotics Act B.E. 2522 (1979), which is controlled under the Single convention on Narcotic Drugs, 1961: Codeine, Dextropropoxyphene, Dihydrocodeine, Fentanyl, Hydrocodone, Hydromorphone, Methadone, Morphine, Oxycodone, Pethidine.

B. Medications containing psychotropic substances of categories 2, 3, and 4

According to the Psychotropic Substances Act B.E. 2518 (1975), travellers to Thailand who acquire medications in Thailand are allowed to carry medications containing psychotropic substances of Categories 2, 3, and 4 for personal treatment in **a quantity not exceeding 30 days of prescribed usage** when accompanied by a certificate/medical prescription from the prescribing physician.

The certificate/medical prescription from the prescribing physician must indicate:

- the name and address of the patient
- the identified medical condition
- the name of the medications and the reason that those medications were prescribed for the patient's treatment
- the posology and total amount of medications prescribed
- the name, address, and license number of the prescribing physician

The quantity of the medications transported out of Thailand **must not exceed 30** days of prescribed usage.

Examples of psychotropic substances in Categories 2, 3, and 4 according to the Psychotropic Substances Act B.E. 2518 (1975):

- Category 2: Buprenorphine, Flunitrazepam, Methylphenidate, Midazolam, Nitrazepam, Phentermine, Temazepam, Triazolam, Zolpidem.
- Category 3: Pentazocine, Pentobarbital.
- Category 4: Bromazepam, Chlordiazepoxide, Clonazepam,
 Clorazepate, Diazepam, Oxazepam, Lorazepam, Phenobarbital.

3. Prohibited Medications Containing Narcotic Drugs/ Psychotropic Substances in Thailand

With the exception of medications containing narcotic drugs of Category 2 under the Narcotics Act B.E. 2522 (1979) or psychotropic substances of Categories 2, 3, and 4

Thai FDA: Version 1.5 Page 5 of 8

under the Psychotropic Substances Act B.E. 2518 (1975) described above, the importation/exportation of medications containing narcotic drugs/psychotropic substances into/out of Thailand is prohibited.

Examples of the medications that Travellers to Thailand are forbidden from transporting into/out of Thailand:

Narcotic drugs:

Narcotic drugs of Category 1 under The Narcotics Act B.E. 2522 (1979), e.g. Amphetamine, Dexamphetamine, Cannabis, etc. These substances are prohibited and have been determined to have no medical use in Thailand.

Psychotropic substances:

Psychotropic substances of Category 1 under The Psychotropic Substances Act B.E. 2518 (1975) e.g. Cathinone, THC. These substances are prohibited and have been determined to have no medical use in Thailand.

4. Advice for Travellers to Thailand carrying Medications

- ◆ Those travellers carrying medications containing narcotics of category 2 are required to declare the medications they are carrying into/out of Thailand. Please have all medications and documents prepared and available for inspection:
 - Entry into Thailand: you must present the medications/documents at the Customs Dept. Red Channel
 - Exit from Thailand: you must present the medications/documents at the Customs Dept. official upon request

All related documents should be kept with the traveller throughout their stay in Thailand.

- Those travellers carrying all other medications into Thailand (including medications containing psychotropic substances of Categories 2, 3, and 4) do not have to declare their medications at the Customs Dept. Red Channel if the medication is for personal treatment in a quantity not exceeding 30 days of prescribed usage and accompanied by a certificate/medical prescription from the prescribing physician. Those medications are then considered personal belongings. The prescription/certificate should be kept with the traveller throughout their stay in Thailand.
- The medications must be kept in the original prescription bottles with the contents clearly marked.
- Travellers to Thailand are forbidden to sell or supply their medications to others.

Thai FDA: Version 1.5 Page 6 of 8

Travellers must not assume that medications which are legal in foreign countries are also approved for use in Thailand. Those products may be illegal in Thailand. In the case that a traveller's medications are prohibited from import into Thailand, the traveller should consult their doctor to determine alternate medications.

 As requirements concerning medications may change, travellers should check the requirements on this website for the importation/exportation of medications prior to each visit.

5.) For more information

The information here provides general guidance for Travellers to Thailand carrying personal medications containing narcotic drugs or psychotropic substances.

The travellers can find more information from the website below.

http://narcotic.fda.moph.go.th/faq/faq.php

If you have any questions, please email your inquiry to the Narcotics Control Division, Food and Drug Administration, or contact us as follows:

Email: tnarcotics@fda.moph.go.th

Fax: (66) 2591 8471

Telephone: (66) 2590 7346

Thai FDA: Version 1.5 Page 7 of 8

Appendix A: Model Form of a Certificate for the Carrying by Travellers under Treatment of Medical Preparations Containing Narcotic Drugs and/or Psychotropic Substances

[according to International guidelines for national regulations concerning travellers under treatment with internationally controlled drugs]

A. Country and place of Issue

Country:

Place of issue: Date of issue:

Period of validity: [A three month period of validity from the date of issue is recommended.]

B. Prescribing physician

Last name, first name:

Address:

Phone: country code, local code, number

Number of license:

C. Patient

Last name, first name:

Sex:

Place of birth:

Date of birth:

Home address:

Number of passport or of identity card:

Intended country of destination:

D. Prescribed medical preparation

Trade name of drug (or its composition):

Dosage form:

Number of units (tablets, ampoules etc.):

International name of the active substance:

Concentration of active substance:

Total quantity of active substance:

Instructions for use:

Duration of prescription in days:

Remarks:

E. Issuing authority

Official designation (name) of the authority:

Address:

Phone: country code, local code, number

Official seal of the authority: Signature of responsible officer:

Thai FDA: Version 1.5 Page 8 of 8